



Kinross Police Rangers – 2022 Term 1 Program

| TERM 1 | PROBATIONARY RANGERS (YEAR 8) | RANGERS (YEAR 9) | FIRST CLASS RANGERS (YEAR 10) | SENIOR RANGERS (YEAR 11-12) |
|----------------------|---|--|--|--|
| INSTRUCTORS | <ul style="list-style-type: none"> Ciaran O'Rourke Vlad Danilchuk Matthew Haynes Sue Eber Tayla Fraser | <ul style="list-style-type: none"> Kieran Davies Adam Gunnis Taiwo Sanusi | <ul style="list-style-type: none"> Kelly Seagrott John Stambulich Samara Lette | <ul style="list-style-type: none"> Jaxon Barclay Ebony Ladbrook Kira Rigby |
| Term 1 Week 5 | <p>2022 Rangers Welcome Conduct, procedures, expectations, Parades, parade fitness, camps etc. Introduction to instructors Cadet training booklets Program</p> <p>Amazing Race – whole unit participation Cadets will compete in small group from each year group</p> | | | |
| Week 6 | <p>Ropes/Knot tying @ KC Aim to learn 3 knot types Situations to be used</p> | <p>Communications/navigation @ KC Radio Net Procedure, Call Signs, RSVP (speaking Clearly), Phonetic Alphabet – Refer to Recruit to Ranger Communications Section Manual</p> | <p>Cycling @ KC Bike safety, helmet, road rules Cycling course</p> | <p>Leadership @ KC Senior roles Cadet mentoring Cadet training booklets Team building</p> |
| Week 7 | <p>Physical Training cycling Cadets to complete a series of physical fitness tests Fitness circuit activities agility Gym equipment</p> <p>Optional: closing game/dodgeball/multisport/moon ball soccer/ kickball</p> | <p>Cycling @ KC rope tying Bike safety, helmet, road rules Cycling course</p> | <p>Communications/navigation @ KC Radio Net Procedure, Call Signs, RSVP (speaking Clearly), Phonetic Alphabet – Refer to Recruit to Ranger Communications Section Manual</p> | <p>Leadership @ KC</p> |
| Week 8 | <p>Communications/navigation @ KC Radio Net Procedure, Call Signs, RSVP (speaking Clearly), Phonetic Alphabet – Refer to Recruit to Ranger Communications Section Manual</p> | <p>Kayaking/paddleboarding @ Mindarie Water safety/signalling *Permission slips required rotation 1 - paddleboard</p> | <p>Physical Training rope tying Cadets to complete a series of physical fitness tests Fitness circuit activities agility Gym equipment</p> <p>Optional: closing game/dodgeball/multisport/moon ball soccer/ kickball</p> | <p>Senior first aid @ KC First aid for camping How to assist cadets</p> |
| Week 9 | <p>Cycling @ KC Bike safety, helmet, road rules Cycling course</p> | <p>Kayaking/paddleboarding @ Mindarie Water safety/signalling *Permission slips required Rotation 2 – kayaking</p> | <p>Archery @ KC External provider</p> <p>*OR paddleboarding @ Mindarie</p> | <p>Communications/navigation @ KC Radio Net Procedure, Call Signs, RSVP (speaking Clearly), Phonetic Alphabet – Refer to Recruit to Ranger Communications Section Manual</p> |
| Week 10 | <p>Water safety @ KC Signalling Emergency situations</p> | <p>Hiking @ KC Weighted hiking bags How to pack hiking bag Rope tying – situations to be used</p> | <p>Kayaking/paddleboarding @ Mindarie Water safety/signalling *Permission slips required</p> | <p>Drill @ KC Refer to manual Learn to instruct/lead</p> |

*Permission slips required for all off-site activities. If permission slip not returned by due date, then cadet will have to join on-site group.

Note: Whole squad meetings are unable to be held at this time. Cadets will be completing activities within year groups and in smaller groups where appropriate all activities will take place either outdoors or in well ventilated areas. All activities align with current COVID-19 restrictions as outlined by the department of education. Changes to activities and groupings may be subject to change to align with the most current restrictions and advice.



Kinross Police Rangers – 2022 Term 2 Program

| TERM 2 | PROBATIONARY RANGERS (YEAR 8) | RANGERS (YEAR 9) | FIRST CLASS RANGERS (YEAR 10) | SENIOR RANGERS (YEAR 11-12) |
|-------------------------------------|---|--|--|---|
| INSTRUCTORS | <ul style="list-style-type: none"> Ciaran O'Rourke Vlad Danilchuk Matthew Haynes Sue Eber Tayla Fraser | <ul style="list-style-type: none"> Kieran Davies Adam Gunnis Taiwo Sanusi | <ul style="list-style-type: none"> Kelly Seagrott John Stambulich Samara Lette | <ul style="list-style-type: none"> Jaxon Barclay Ebony Ladbrook Kira Rigby |
| Term 2 Week 1 (27th April) | Team building @ KC Go, go, stop | Map Reading @ KC Radio use Compass Communication Scales Locate markers around school grounds | Leadership @ KC Reiterate expectations Lead by example | Leadership @ KC Risk assessments – rock climbing and orienteering |
| Week 2 (4th May) | Archery @ KC Soft archery | Kayaking/Paddleboarding @ Ocean Reef Marina | Map Reading @ KC Radio use Compass Communication Scales Locate markers around school grounds | Leadership @ KC Rangers shed |
| Week 3 (11th May) | Map Reading @ KC Radio use Compass Communication Scales Locate markers around school grounds | Archery @ KC Soft archery | Team Building @ KC | Leadership @ KC Rangers shed |
| Week 4 (18th May) | Camp Cooking @ KC Safety Preparations Hygiene | Team Building @ KC | Leadership @ KC | Leadership @ KC Camp cooking prep |
| Week 5 (25th May) | Camp Cooking @ KC Safety Preparations Hygiene | Rock Climbing Joondalup | Archery @ KC Soft archery | Leadership @ KC |
| Week 6 (1st June) | Rock Climbing Joondalup | Camp Cooking @ KC Meal design ordering | Camp Cooking @ KC Meal design ordering | Leadership @ KC |
| Week 7 (8th June) | Fitness @ KC | Camp Cooking @ KC Safety Cooking | Camp Cooking @ KC Safety Cooking | Leadership @ KC |
| Week 8 EXAM WEEK (15th June) | No Rangers Y8 Lightning carnival | No Rangers | No Rangers | No Rangers |
| Week 9 CAMP WEEK (22nd June) | Camp prep Behaviour Expectations What to bring | Camp Prep Behaviour Expectations What to bring | Camp Prep Behaviour Expectations What to bring | Camp Prep Behaviour Expectations What to bring |
| Week 10 (29th June) | End of term 2 reward Dark light | End of term 2 reward Mini golf | End of term 2 reward 10 Pin bowling | End of term 2 reward |

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